

**MONTGOMERY COUNTY KEEPING IT SAFE: under 21 alcohol prevention coalition**

To reduce youth access to alcohol and To reduce under 21 alcohol use

*Under 21 alcohol use is illegal, unhealthy, and unacceptable*

**Follow up on Suspicions: *See something.....Say something***

**Room search:** be prepared to explain your reasons or concerns; let child know

**Where to look:** Dresser drawers, beneath or between clothes; Desk drawers; CD/DVD cases; Small boxes – jewelry, pencil, etc.; Backpacks/duffle bags; Under a bed; In a plant, buried in the dirt; Between books on a bookshelf; In books with pages cut out; Makeup cases – inside fake lipstick tubes or compacts; Under a loose plank in floor boards; In fake soda bottles with false bottoms; Inside over-the-counter medicine containers (Tylenol, Advil, etc.); Inside empty candy bags such as M&Ms or Skittles

**Cell Phone or computer:** THE NEW GENERATION: speed dial, IM, unfamiliar names

**Having guests?** Lock up your alcohol and prescriptions

**Professional Resources:**

**Screening and Assessment Services for Children and Adolescents (SASCA)**

Free assessment: 240-777-1430

**Adolescent Intensive Outpatient Program for Chemical Dependency Service**

**Provided:** Intensive Outpatient Services: 301-774-8800

**Maryland Community Services Locator:** [www.mdcs.org](http://www.mdcs.org): search for services, program information, maps, directions

**Pediatrician; school nurse**

**Montgomery County Crisis Center:** 240-777-4000, confidential 24/7

**911**, all emergencies

**Home drug testing**

- Pros: deterrent for some kids, remove parental doubts and uncertainties, way for a kid to say no to their peers, might learn of a problem, prevent future legal charges
- Cons: catching occasional drug use is not always possible, may harm parent-child relationship, create resentment, distrust or suspicion
- Could be a good start

**Resources:**

1. [www.homehealthtesting.com](http://www.homehealthtesting.com): 97-98% accurate  
Where to buy and what to look for on a package  
Urine: test stick, not for alcohol  
Hair: 90 day drug abuse history  
Substance: powder to determine substance in environment, not the person  
Alcohol: breath or saliva  
Nicotine: tests urine for recent use no matter what form even E-cigs
2. [www.FDA.gov](http://www.FDA.gov): medical devices
3. **Retail:** CVS, Target, grocery store pharmacies, Walgreens, Walmart

**What can I do?**

Teen substance use a complex problem

Be empowered to help solve the problem

You influence your teens to make positive changes

Stay involved and informed

**Community Prevention Resource:**

MCDP: Alcohol Enforcement Unit: 240-773-6600 [shift starts at 5 pm]

**SAFEline:** 301-670-SAFE [7233]; anonymous

A. Report: adult providing, furnishing, selling [retail]; B. Request assistance organizing a teen party

Keeping it SAFE Coalition: Individual or small group presentation Keeping Youth SAFE [as best as you can]: Handouts, posters, youth created PSAs [www.montgomerycountymd.gov/kis](http://www.montgomerycountymd.gov/kis);

Contact: phone: 240-777-6652 or [dlc.kis@montgomerycountymd.gov](mailto:dlc.kis@montgomerycountymd.gov)